

FORMATION AMBIANCE

Besides the content of formation, we must provide an atmosphere that allows people to be comfortable and willing to share. Each person should participate in the formation meetings. All individuals should have the opportunity to share their thoughts. For people to be willing to share, we must provide an atmosphere where individuals feel it is safe to share. All individuals in formation and the formation team must establish an atmosphere of acceptance, trust, and understanding. All formation sessions should involve active participation of all present.

Besides the interpersonal issues, we must consider the ambiance of the room we meet in. The room should be a small, comfortable room, more like a living room than a classroom. The arrangement of chairs should be such that all people can see and talk to each other, for example, a circle of chairs. To focus the group on Christ, it is important to have a lit candle or an icon or a statue and to begin the session with prayer.